Well Within of SoHo Chiropractic and Nutrition Dr. Beth Forgosh

SCARRED FOR LIFE?

More true and more common than one might think.

I have a suspicion that this article will be quite eye-opener to many people and for some it may help explain some symptoms that their doctors have been unable to correctly diagnose or effectively treat. By effectively treat, I mean cause to fully cease to exist, not suppress or mask with drugs that create their own additional symptoms or that require their continued consumption.

One of the areas of research that is currently pretty much unknown to most of the U.S. medical profession is the sometimes devastating effects of surgical and other scars on the functioning of the human body.

According to German research papers, a list of some of the complaints that have been shown to be created or contributed to by scars includes:

Headaches, Migraines, Allergies, Confusion, Vertigo, Hay Fever, Optic Neuritis, Asthma, Chronic Pain, Chronic Fatigue, Tonsillitis, Liver Disease, Menstrual Pain, Sinusitis, Chronic Infections, Back Pain, Menstrual Irregularity, Gallbladder Disease, Eczema, Rheumatoid Arthritis, Emphysema, Arteriosclerosis. Circulatory Disorders, Bladder Dysfunction, Prostate Disorders, Kidney Disease, Menstrual Cramps, Hemorrhoids, Depression, Dizziness, Ear Problems, Glaucoma, Inflammatory Eye Disease, Hormonal Imbalances, Thyroid Disease ... and many other chronic degenerative conditions.

How can this possibly be? How could a scar cause the legion of complaints listed above?

Well, to understand it you have to understand a little about the nervous system in the body (don't worry, I'll be gentle);

THE NERVOUS SYSTEM

Most people have heard of the Central Nervous System and know that it exists mainly in the brain and spinal cord but the body's nervous system also includes the Peripheral Nervous System which includes the Autonomic Nervous System (Which

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runs the body's millions of internal processed without any input from you) and the Somatic Nervous System (which includes all nerves controlling the muscular system and external sensory receptors).

There are around 30,000 million nerve cells in the body. Your skin and deeper tissues contain millions of sensory receptors as part of the nervous system.

The Automatic Nervous System also includes the Sympathetic and Parasympathetic Nervous system which I won't go into here except to mention that the Parasympathetic Nervous system is what the body uses to heal itself when you rest at night. The body is a remarkable machine and is fully capable of healing itself – assuming that you aren't using drugs or medications (which bypass the Autonomic Nervous System in order to suppress symptoms).

Sensory input from the Peripheral Nervous System is processed by the Central Nervous System to the organs of the body.

What a scar does is interrupt the electrical flows in the nervous system, creating interference fields. An interference field can impede the normal, healthy electromagnetic flow of the body's acupuncture meridian system, thus creating symptomology that is difficult to trace back to its original root cause by conventional methods.

In electricity, a capacitor is a component that stores electrical charge, Interference fields can act like capacitors in that they store up the electrical energy that cannot continue its flow due to being interrupted by a scar and eventually the buildup of electrical charge becomes too much and is released randomly and sometimes quite violently into the body and often into areas it was never intended for, causing all manner of complications for the body and the person.

Interference fields can be found almost anywhere in the body and are often far from the part of the body experiencing symptoms. For example, an old appendix scar might cause migraine headaches or wisdom tooth extraction scar might cause chronic low back pain.

Pretty much anything in the body can become an interference field. For example, the scar after an operation or an accident or chronic infected or atrophic tonsils can be an interference field. Root canals or dead teeth can become an interference fields as well as organs in a weak state after an infection or organs which are toxically burdened by chemicals and poisons (including those in medications as well as mercury from fillings and root canals).



CASES

Two fairly dramatic cases were a girl who was born with heart problems and almost immediately had heart surgery which left her with a scar down the center of her chest. As she grew up she developed a collection of debilitating symptoms and eventually at age 16 was in very poor shape. Doctors had no idea what was wrong with her. She was eventually taken to a nutritionist who trained in how to handle interference fields and after 2 months of treatment the scar turned black and fell off. A short while later she fully recovered from her symptoms and today lives a healthy, much happier life.

The other was the wife of a chiropractor who also had a host of "unexplainable" symptoms and her husband pretty much had to "jump-start" her with supplements every morning just to enable her to get through the day. When questioned by a nutritionist familiar with the research on interference fields it was discovered that her problem had started 27 years previously after giving birth to her child and receiving an episiotomy scar.

After treating the scar, she literally came back to life, lost her symptoms and in months was completely unrecognizable as the person she had been (in a good way)

SWITCHING

One of the very significant things that interference fields caused by scars can cause is a phenomenon known as "switching". This is where the person's nervous system literally gets switched around. Why this is significant is that it can cause endless bewilderment for health practitioners and considerable frustration for the person who really can't get fixed until the switching is handled. Switching can also be caused by other things (dental mercury, for one) but scars are a very common source.

Here's just a few things that can be caused by switching:

The person finds a supplement or medication that seems to work initially but then stops working.

A substance that is supposed to do one thing, does the opposite. Example, an herb for sleep that keeps one awake.



A person working with a nutritionist tests one month as needing certain supplements but tests for completely different supplements the next month and different ones again the next.

Applied Kinesthesiology (muscle response testing) gives inaccurate and inconsistent results. In fact no practitioners who are themselves switched can accurately test another person.

So switching is pretty serious impediment to anybody trying to get their body back to being able to heal itself.

Handling scars is not always an end-all in itself but it is one of five major barriers that can get in the way of correct nutrition being able to restore a body's innate ability to fully heal itself – which as mentioned before it is quite able to do so long as you don't bypass its autonomic nervous system healing functions by temporary symptom treating with the likes of medications and other drugs.

What has been found to be the most workable solution for handling the interference fields caused by scars? It is to rub the scar once a day for about a minute with organic wheat germ oil. If that alone doesn't fully handle it then shining a handheld cold laser on it for about 4 minutes once a week will do the trick. I know it sounds strange, but it works.

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